

2022 CLINIC SERIES

Introducing the **2022 HTNB Clinic Series** – FOUR mounted clinics focused on introducing and developing riders in the various aspects of eventing (dressage, stadium jumping, cross-country, and derby) and preparing them for competition. Clinics are designed to help riders develop solid skills in their division (Starter, Pre-Entry, Entry, Pre-Training, Training+) with a goal of advancing through to the next division by the end of the season. A maximum of 20 riders for each clinic will be accepted on a first come, first served basis and you can register for as many clinics as you like. Registration deadline for any or all clinics is **April 25, 2022.**

CLINIC DESCRIPTIONS

Clinic #1 - Flight and Fancy (Dressage / Stadium Jumping)

- <u>Dressage</u> = Participants will ride the dressage test of their division, get feedback on their test, and then one-on-one instruction for improving their score with clinician, Donna McInnis (Certified Competition Coach and Judge).
- Stadium Jumping = Session will focus on gymnastics, combinations, and other stadium jumping exercises with Rob Stevenson (Certified Competition Coach Specialist).

Date: Saturday, May 14th

Location: Foshay South, Hampton NB (or Foshay Jemseg if footing permits)

Price: \$100

Unmounted Bonus Clinic - Nutrition for You and Your Horse

Clinician: Sonita Pouliot (Registered Holistic Nutritionist)

Date: Thursday, June 9th – 7:00pm-9:00pm

Location: Virtual and In-Person (to be determined based on registration)

Price: FREE!!!

Clinic #2 - A Hop, Skip, and a Hillside Jump (Stadium Jumping / Cross Country)

Stadium Jumping/XC = Session will focus on SJ combinations and courses followed by training on a variety of XC obstacles and varied terrain with Samantha Atkinson (Certified Competition Coach).

Date: Saturday, July 9th (Hay Date: Saturday, August 27th)

Location: Peakaboo Corner, Norton NB

Price: \$100

Clinic #3 – Fields, Fences, and Fountains (Cross Country)

Cross Country = Training on a variety of obstacles, including water, and varied terrain with Rob Stevenson (Certified Competition Coach Specialist).

Date: Sunday, August 14th Location: Foshay, Jemseg NB

Price: \$100

Clinic #4 - Down and Derby (Stadium Jumping / Cross Country)

Stadium Jumping/XC = Session will focus on SJ combinations set up in an open field along with training on a variety of XC obstacles and varied terrain with Lori Leach (Certified Competitive Coach).

Date: Saturday, September 10th Location: Brae Fearann, Harvey NB

Price: \$100



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BONUS!!

To encourage riders to compete in New Brunswick Equine Canada Eventing Sanctioned Shows (Combined Test, Derby, or Horse Trial – see list below), clinic participants will be eligible for a refund incentive (half of their clinic registration fee) if they ride in at least two clinics and compete in at least two shows. For example, if a rider registers for two clinics (=\$200), they would be refunded \$100 at the end of the season after competing in at least two shows.

Note: This is NOT a requirement to participate in the clinic series.

Nutrition for YOU and Your HORSE!!

An UNMOUNTED educational clinic provided by Sonita Pouliot, RHN (Registered Holistic Nutritionist) for FREE to anyone who registers for one or more of the mounted HTNB Clinics.

A common misconception when the public sees an equestrian riding a horse is that the horse is doing all the work. Little do they know that only a very skilled equestrian athlete can pull off this amazing illusion which takes years of practice and incredible commitment to achieve. If you have the goal of improving your skill as a rider, you are an athlete. Accepting the athlete identity shifts our mindset and allows us to see our partnership with our horse as a team. Unlike any other sport, we are responsible for the health and athletic performance of not only our horse but ourselves. Thinking of ourselves as true athletes does not make our horses any less of an athlete or less important; instead, it allows us to put our horses on the same level as ourselves as athletes when it comes to nutrition, training and preparation for our sport. This mindset has the power to impact our performance, our success as riders, as well our partnership and relationship with our horse.

Join me, Sonita Pouliot RHN (Registered Holistic Nutritionist) – specializing in human and equine nutrition, Previous CPT (Canadian Personal Trainer for Good Life Fitness/ Can Fit Pro) for nutrition and training tips for you and your equestrian team partner either in-person (location to be determined based on registration) or via zoom on **Thursday**, **June 9**, **2022 from 7:00-9:00pm**.

Tentative 2022 Calendar of NB Eventing EC Sanctioned Shows

May 15 - Combined Test - Foshay Jemseg (Starter-Prelim) (if flooded - Foshay South)

June 5 - Combined Test - Foshay Jemseg (Starter-Prelim)

June 11 – Combined Derby - Brae Fearann (Pre-Entry – Pre-Training)

July 24 - Combined Test - Foshay Jemseg (Starter to Prelim)

July 30 – Combined Derby - Brae Fearann (Pre-Entry – Training)

August 7 - Combined Derby - Foshay Jemseg (Starter to Prelim)

September 4 - Foshay Horse Trial – Foshay Jemseg (Starter to Prelim)

October 9 - Foshay Horse Trial – Foshay Jemseg (Starter-Prelim)



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APPLICATION FORM

Deadline date for submission: April 25, 2022					
Submit by email to: nbhorsetrials@gmail.com					
Name: Date of Birth	(dd/mm/yyyy): _				
Address:					
Phone: (Home)	(Cell)				
Email Address:					
Coaches you have worked with on a regular basis:					
Horse's Name:	Horse's Age:				
Owner's Name:		Owners Contact:			
Switch 3 Name.	Owners cor				
CLINICS: Ride times will be scheduled according to Division	n and emailed to ເ	participants prior to	o clinic.		
Clinic		Division	Total		
		(See Below)	(\$100/Clinic)		
Clinic 1 – Flight & Fancy (May 14 th @ Foshay South)					
Bonus Clinic – Nutrition for You and Your Horse (June 9 th) –	N/A				
FREE but need to register in advance.					
Clinic 2 – A Hop, Skip, and a Hillside Jump (July 9 th @ Peakab	<u> </u>				
Clinic 3 – Fields, Fences, & Fountains (August 14 th @ Foshay					
Clinic 4 – Down & Derby (September 10 th @ Brea Fearann) -	- Starter to PI	TOTAL FEE:			
DESIRED DIVISION:		TOTAL FEE.			
* Starter (2") * Pre-Entry (2'6")) * Er	ntry (2'9")			
* Pre-Training (3')	•	V105/Preliminary (3'5"+)			
MEMBERSHIPS REQUIRED (Please enclose proof of memb NBEA# HTNB#	• •				
THOM					
VACCINATION AND COGGINS:					
Mandatory proof due 1 week prior to clinic or registrati		dInitial:			
 Flu, Rhino, Strangles, Negative Coggins test (Da 	ited 2022)				
EQUIPMENT					
 I have reviewed the required attire, equipment and have or will purchase what is required to p requires an ASTM approved, well-fitting helmed approved standard F1937 or BETA 3 level. 	articipate safely. I	recognize that the	sport of Eventing		
RIDER LEVEL ATTAINMENT: Highest Rider Level achieved:	Date of achieven	nent:			



TNB 2022 CLINIC SERIES

EXPER	IENCE (check all that apply):				
Show I	Experience:				
0	Dressage	0	Hunter/Jumper	0	Derby
0	Combined Test	0	Horse Trial	0	Schooling Shows
	Other:		_		
Rider's	Horse Trial / Eventing Experience:				
0	None	0	Pre-Entry	0	Pre- Training
0	Starter	0	Entry	0	Training+
<u>Horse'</u>	s Horse Trial / Eventing Experience:				
0	None	0	Pre-Entry	0	Pre- Training
0	Starter	0	Entry	0	Training+
this pr	name and photo for riders under 18 ogram. ure:		·		ws releases as a participant in
PAYM Name	ENT: of Rider:				
					
Total F	ee (indicated above):				
Payme	ent will be refunded if you are NOT o	ne o	f the first 20 registered	for the clinic	you have chosen.
Withdi	rawal refunds with vet or doctor's ce	ertifi	cate only.		
E-Tran	sfers to be sent to HTNB at suzanne	este	venson@nb.sympatico	o.ca	